

GROWING HEALTHY, RESILIENT CHILDREN

Behavioral
Health
Specialty
Services &
Supports

PSYCHIATRIC RESIDENTIAL

CRISIS STABILIZATION

RESPIRE

WRAPAROUND

BRIEF INTERVENTIONS

OUTPATIENT SERVICES

PARENTING PROGRAMS | SUICIDE PREVENTION
COMMUNITY & SCHOOL BASED PREVENTION AND EARLY INTERVENTION
UNIVERSAL MENTAL HEALTH SCREENINGS

COMMUNITY

Invest in The Entire Children's System of Care Continuum

Prioritizing the critical role of community health promotion, prevention, and early intervention to grow healthy, resilient children

Problem to Solve

Social determinants of health are responsible for the majority of health outcomes, yet population based prevention is only 4% of the total health care budget (Centers for Disease Control, American Public Health Association).

If we do not invest in prevention and early intervention, we will continue to deal with negative consequences and bad behavioral health outcomes, leading to poor quality of life and early death.

Social Determinants include education, employment, income, family and social supports, community safety, and environment.

Solutions and Recommended Investment

In order to decrease costs associated with disproportionate acute and crisis level responses, we'll need to bolster prevention and early intervention strategies across the developmental stages by investing \$100 million in Prevention and Early Intervention programs:

Improvement of school-based initiatives to support children living in toxic stress, such as:

- Universal mental health screenings; assessment for positive screenings and school services staff to do targeted intervention for coping skills and building resilience
- Family check up
- Good Behavior Game
- Statewide Threat Assessment and Suicide Prevention

Community wide initiatives, such as:

- Suicide prevention
- Parent management training
- Triple P - Positive Parenting Program
- Positive Parent-Child interactions
- Home visitation programs
- Nurse Family partnerships
- Early Assessment Support Alliance

Long term tracking of mental health and substance use disorders and prevention/health promotion program metrics, including cost data, to create a system for monitoring population health and reporting for Legislature
Respite and other higher level services to prevent separation of families, and reserving institutional placements for the very few who need them

Desired Outcomes

Achieving the "biggest bang for the buck" and raining return on investment by saving money on health care in the long run.

Individuals and families change health behavior choices that negatively impact their well being and strengthen their ability to cope with adversity.

Delivery system is able to improve families' success and decrease reliance on expensive services.

Individuals, families and communities have culturally sensitive social networks of support.

