

Become a Trainer in Suicide Prevention and Mental Health Awareness

The Association of Oregon Community Mental Health Programs, in partnership with the Oregon Health Authority, offers several opportunities to become a certified trainer in suicide prevention and mental health awareness programs. These trainings are offered to increase the number of trainers across the state. Each program has a different application/registration process and certification requirements. Please reach out to the contacts below for more information.

Mental Health First Aid

The Mental Health First Aid training provides education to help individuals identify, understand, and respond to signs of mental illness and substance use disorders.

Upcoming Trainings for Trainers:

Youth MHFA: September 14 –16, 2020
Teen MHFA: September 30 – October 2, 2020
Adult MHFA: October 7 – 9, 2020 & November 10 – 12, 2020
Veterans MHFA: TBD

For Questions or Enrollment:

Maria Gdontakis Pos
mpos@aocmhp.org
(541) 220-0048

Connect Postvention

The Connect Postvention training model provides community building, education, and strategic planning for service providers who may be called on for help in the aftermath of a suicide.

Upcoming Trainings for Trainers:

Contact Kris Bifulco if your community is interested in participating.

For Questions or Enrollment:

Kris Bifulco
kbifulco@aocmhp.org
(203) 231-3619

ASIST

The ASIST training provides individuals the skills needed to recognize youths who may be at risk of suicide - including identifying warning signs of suicide, providing a skilled intervention, and developing a safety plan.

Upcoming Trainings for Trainers:

Dates postponed due to concerns around COVID-19.
Contact Tim Glascock if you are interested in participating.

For Questions or Enrollment:

Tim Glascock
tglascock@aocmhp.org
(503) 367-3754

safeTALK

The safeTALK training teaches individuals how to identify warning signs of youth who may be at risk of suicide, communicating with at-risk youth, and connecting them to resources for intervention and support.

Upcoming Trainings for Trainers:

Dates postponed due to concerns around COVID-19.
Contact Tim Glascock if you are interested in participating.

For Questions or Enrollment:

Tim Glascock
tglascock@aocmhp.org
(503) 367-3754

*Due to the ongoing concern around COVID-19, dates may be subject to change.



ASSOCIATION OF OREGON
COMMUNITY MENTAL
HEALTH PROGRAMS

