

# OREGON COUNSELING ON ACCESS TO LETHAL MEANS

**Trainings for rural and remote primary care and behavioral healthcare providers or those working with older adults**



**Oregon CALM is an interactive 6-hour training developed to assist medical, clinical, and other direct service providers with Lethal Means Counseling using an informed, collaborative, and culturally responsive approach that respects firearm ownership values. It has been adapted from the National CALM curriculum to incorporate components of *Addressing Firearm Safety with Patients at Risk of Suicide: A Course for Healthcare Providers in Rural Areas* and research with Oregon rural firearm owners.**

**Oregon CALM is a suicide prevention training that is neither anti-gun nor anti-medication.** Given the focus on lethal means counseling, course content and discussions will cover these topics in depth. Though not a requirement, previous suicide prevention training is recommended, as this course does not thoroughly cover introductory topics like gatekeeper skills, asking the question, and risk assessment.

## **Learning Outcomes**

- ✓ Understand the impact of addressing suicide means through local and national data, relevant research, and practice scenarios
- ✓ Learn the most effective ways to address means with individuals who own firearms through interactive case studies, video demonstrations, and practice scenarios
- ✓ Build confidence in conducting lethal means counseling related to firearms, medications, and other means with clients at risk of suicide
- ✓ Gain research-based tools for both providers and clients

**These trainings are being offered as part of Oregon Health Authority's Comprehensive Suicide Prevention Grant from the CDC.**

**To learn more about the Oregon CALM training, visit:**

<http://www.aocmhp.org/oregon-calm-ocalm/>

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## Training Dates & Logistics

**Discounted Registration Fee:** \$25 (\$125 value)

### Virtual Training Dates

March 17  
March 21  
April 5  
April 25  
May 3  
May 22  
June 29  
August 10

### In Person Trainings

July 11  
July 13  
July 15 – Saturday  
July 28

Training locations TBA – let us know if you'd like to host!

## Continuing Education Credits

Attendees who complete the Oregon CALM Training will receive a certificate of completion and 5 CEUs from the Oregon Chapter of the National Association of Social Work (NASW), either of which can be submitted to other credentialing boards for Continuing Education Credits.

Please go to [inciteforchange.org/events](https://inciteforchange.org/events) to register.

Contact Kris Bifulco with any questions: [kbifulco@aocmhp.org](mailto:kbifulco@aocmhp.org)