

# OREGON COUNSELING ON ACCESS TO LETHAL MEANS



**Training for primary care and behavioral healthcare providers.**

## **Oregon CALM is an 8-hour training developed to assist medical, clinical, crisis-response, and direct service providers**

with Lethal Means Counseling using an informed, collaborative, and respectful approach. It has been adapted from the CALM America curriculum to incorporate components of *Addressing Firearm Safety with Patients at Risk of Suicide: A Course for Healthcare Providers in Rural Areas* and research with Oregon residents who own firearms.

## **Oregon CALM is a suicide prevention training that is neither anti-gun nor anti-medication.**

Given the focus on lethal means counseling, course content and discussions will cover these topics in depth. Though not a requirement, previous suicide prevention training is recommended, as this course does not thoroughly cover introductory topics like gatekeeper skills, asking the question, and risk assessment.

**5 CEUs are available for participants through Oregon NASW** and this course meets a portion of the [Oregon HB2315 requirements](#) for suicide-specific continuing education.

## **Learning Outcomes**

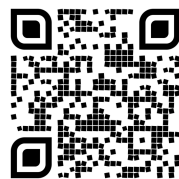
- ✓ Understand the impact of addressing suicide means through local and national data, relevant research, and practice
- ✓ Learn the most effective ways to address means with individuals who own firearms through interactive case studies, video demonstrations, and practice scenarios
- ✓ Build confidence in conducting lethal means counseling related to firearms, medications, and other means with clients at risk of suicide
- ✓ Gain research-based tools for both providers and clients

## **Remaining Training Dates**

- Fri. April 26 – Port Orford, OR
- Wed. May 15, Virtual
- Fri. May 17, Eugene, OR
- Tues. June 4, Warrenton, OR
- Wed. August 14, Virtual

These trainings are being offered as part of Oregon Health Authority's Comprehensive Suicide Prevention Grant from the CDC. To learn more about the Oregon CALM training, visit [aocmhp.org/oregon-calm](http://aocmhp.org/oregon-calm).

**[Click or Scan to Register for \\$25](#)**



[inciteforchange.org](http://inciteforchange.org)

**Interested in hosting an in-person training later in 2024? Email [yourfriends@inciteforchange.org](mailto:yourfriends@inciteforchange.org).**

- ✓ Hosting organization provides training space and lunch, if able
- ✓ \$25/person paid either by participants or hosting organization
- ✓ No trainer or travel costs for hosting organizations!